

科学与科学家

Monday

【文章大意】本文是一篇应用文。文章主要介绍了四个科技产品的功能。

1. C 细节理解题。根据第一个产品的介绍“... Squad Mobility's tiny solar-powered electric vehicle (EV) almost looks like a children's toy. In a sunny environment, the 6.6-foot-long car can go about 13 miles just on solar charge from its 250-watts-peak rooftop panel...”和第三个产品的介绍“... is a backup battery generator that runs on solar power, keeping houses powered in emergencies.”可知,它们都涉及使用太阳能。故选 C。

2. B 细节理解题。根据第二个产品的介绍“Paris-based company Baracoda says its BMind Smart Mirror can take one look and tell how you're feeling.”可知, Baracoda 公司的设备可以察觉你的想法,故选 B。

3. C 细节理解题。根据最后一段中的“LifeSpan's Ampera Bike combines the health benefits of a pedal desk with the energy savings of a body-powered phone charger.”和“The bike allows workers to complete the same tasks moving as they do sitting still, while enjoying the physical and mental benefits of staying active.”可知,LifeSpan 的产品可以增加用户的运动量。故选 C。

【语篇分析】

1. solar-powered 2. mental guidance 3. generator
4. charge phones 5. staying active

【词海拾珠】

1. innovate; innovation 5. generate; generation

【举一反三】

【猜测词义】

- (1)主管 (2)收费 (3)控告,指控 (4)给……充电 (5)猛冲

【句型透视】

【分析】时间状语;状语

【仿写 1】hearing the huge cheers

【仿写 2】While pursuing my dream

Tuesday

【文章大意】本文为一篇记叙文,讲述了 Param Jaggi 生性好奇,创造价格合理且环保的产品,改变人们的想法,并激励年轻人参与创新和发明的事迹。

1. B 推理判断题。根据文章第一段“When Param Jaggi was five years old, he had a passion to take things apart to see what was inside.”及“In middle school, he started working on projects in his kitchen laboratory, and his first project was making biofuels.”可推知,Jaggi 生性好奇。故选 B。

2. C 词义猜测题。根据画线词前文“Although Jaggi's parents initially thought his experiments were just a boyhood fancy, he

remained determined to make a difference to the environment.”及后文“... started supporting his dreams.”可知,Jaggi 的父母改变了他们的想法,came around 在此处与 changed their minds 意思一致,表示“改变想法”。故选 C。

3. D 细节理解题。根据文章第二段“... he remained determined to make a difference to the environment.”和第三段“At 17, Jaggi went beyond his school projects and co-founded Ecoviate, a company that uses technology to solve everyday energy and environmental problems. He planned to transform people's idea that going green is expensive, by making available a series of affordable products that are easy to use.”可知,Jaggi 开发价格合理且对用户友好的产品是因为渴望有所作为,对环境产生影响。故选 D。

4. A 细节理解题。根据文章最后一段“He plans to launch an online platform through Ecoviate, which will encourage young students interested in science and technology to get actively involved in innovation and invention.”可知,Jaggi 推出在线平台是为了赋予年轻的发明家力量,让他们积极参与创新和发明。故选 A。

【语篇分析】

1. curiosity 2. support 3. green inventions
4. online platform

【词海拾珠】

3. afford 6. promising 7. submission

【举一反三】

【猜测词义】

- (1)发起 (2)发射 (3)发行,上市

【句型透视】

【分析】同位语;定语

【仿写】that he was praised by the teacher; who said he made such great progress

Wednesday

【文章大意】本文是一篇说明文。文章介绍了工程师们开发了一种被称为 roboats 的水上自动驾驶交通工具。

1. B 推理判断题。根据第一段的内容可知,近年来,自动驾驶汽车技术的开发和测试取得了重大进展。但工程师们也在研究其他类型的自动驾驶交通工具,如水上自动驾驶船只。他们开发了一种他们称之为“机器人船”的水上自动驾驶交通工具。而文章接下来的段落都是围绕自动驾驶船只展开的,由此可推知,作者提到自动驾驶汽车是为了引出本文话题:自动驾驶船只。

2. D 细节理解题。根据第二段“The project, which began in 2016, aims to create a group of boats to transport goods and people along the waterways of Amsterdam.”和第三段“The project was launched in an effort to explore how autonomous boats can make

Amsterdam—and other cities—more efficient and improve the population's quality of life.”可知,机器人船的目的是运输货物和人员,并提高城市的效率和人们的生活质量,故D选项不是它的目的。

3. D 段落大意题。根据第五段可知,这种机器人船有四个螺旋桨,可以向任何方向移动,它配备了一系列摄像机和传感器来指导它的移动,它还使用了激光雷达技术。由此可知,第五段主要讲了机器人船的技术装备。

4. C 词义猜测题。根据画线词后面的“... along the canals of Amsterdam for three hours while collecting data. ‘The boat completed its chosen course and returned to the starting point with an error of just 0.17 metres,’ engineers reported.”可知,Roboat II沿着阿姆斯特丹的运河自动行驶了三个小时,完成了既定航线并返回了起点。由此可推知,steering意为“行驶”,与sailing是同义词。

【语篇分析】

1. To create 2. efficient 3. Equipped with

【词海拾珠】

2. combine

【举一反三】

【猜测词义】

(1)试验,试行 (2)飞行员 (3)驾驶(飞行器) (4)引导

【句型透视】

【分析】 宾语从句;宾补

【仿写】 in an effort to; how the teacher made the two red balls lost/disappear

Thursday

【文章大意】 本文是一篇说明文。美国亿万富翁埃隆·马斯克展示了一项技术,该技术利用植入大脑内部的电脑芯片来控制大脑。在视频演示中,马斯克展示了关于这个被称为Neuralink的系统的细节。

1. B 细节理解题。由第二段中的“Musk says he hopes the technology can be used to treat nervous disorders and help spinal (脊椎的) injury victims regain body movement.”可知,马斯克希望这项技术可用于治疗神经紊乱,并帮助脊椎损伤患者恢复身体活动能力,故B项(治疗某种疾病。)符合题意。

2. A 推理判断题。由第五段后两句“He described the animals as ‘healthy, happy and indistinguishable from a normal pig’.” Musk said the company was able to predict with high accuracy a pig's leg movement on a running machine using data from the chip.”可知,马斯克说这些猪是健康、快乐的,和正常的猪一样。他还表示,该公司能够利用芯片提供的数据高精度地预测猪在跑步机上的腿部运动。由此可推知,他认为这个装置安全、有效。

3. C 推理判断题。由最后一段可知,神经系统科学家们认为Neuralink在这项技术上取得了巨大进展。然而,还需要更多的研究来测试这种设备的长期成功。所以他们对Neuralink的态度是客观的。

4. D 主旨大意题。由全文可知,本文主要介绍了美国亿万富翁埃隆·马斯克展示的一项利用植入大脑内部的电脑芯片控制大脑的技术,故D项可概括全文大意。

【语篇分析】

1. nervous disorders 2. intelligence

【词海拾珠】

1. demonstrate 4. approve 5. distinguishable; distinguish

6. accurate 7. present

【举一反三】

【猜测词义】

(1)便条,短笺 (2)笔记 (3)指出 (4)音符 (5)注意

【句型透视】

【分析】 宾语;目的状语

【仿写】 to keep up with her work

Friday

【文章大意】 本文是一篇说明文,介绍了科学家们验证他们的假设的一些方法。

1. G 由下文“You make a simpler-scale or smaller-scale version of the part of the real world you want to study. In an experiment, a scientist tries to look at how just one thing affects the subject they are working on. The difficult part is creating an environment in which only that one thing changes. That is why scientists use test tubes, and other small, enclosed settings for their experiment.”可知,科学家们会根据自己研究的课题,通过在实验室里创建一个自己能够控制的、比要研究的现实世界更简单或更小的环境来开展实验;G选项(实验观察是在你创造的受控环境中进行的)符合语境。故选G。

2. D 上文“The difficult part is creating an environment in which only that one thing changes. That is why scientists use test tubes, and other small, enclosed settings for their experiment.”说明实验中最困难的部分是创造一个只改变一件事的环境,因此科学家们在他们的实验中使用试管和其他小的、封闭的环境;D选项(在这样的环境中,控制事情要容易得多)承接上文,指出科学家们在实验中使用试管和其他小的、封闭的环境能够让事情更容易被控制,符合语境。故选D。

3. C 由上文“In fieldwork, a scientist goes into an uncontrolled environment, a specific place in the world, and records exactly what is observed there at the time.”可知,在实地研究中,科学家进入一个不受控制的环境,记录当时在那里观察到的东西,因此,每次研究的情况都是不同的、独特的;C选项(你每次都在研究一种独特的情况)符合语境,且与下文“So fieldwork is almost always new and original.”构成因果关系。故选C。

4. A 设空处为小标题;由下文中“When you want to prove a theory true or false, create an experiment that will test one thing you can observe. You have an idea that if you set up a controlled situation and purposely change only one thing, this change will cause something else to happen.”以及“If your change causes something else to happen, this ‘something else’ is called the responding variable, because it is responding to the change.”可知,本段主要阐述科学家通过创建变量来证明一个理论是对还是错,测试自己观察到的事情;A选项(创建变量)能够概括本段主旨,适合作为小标题。故选A。

5. E 上文“You have an idea that if you set up a controlled situation and purposely change only one thing, this change will cause something else to happen.”说明科学家想证明一个理论是对还是错时,会在一个设置好的环境中故意只改变一件事,而这个改变会导致其他事情的发生;E选项(你故意改变的事情叫作变化变量)承接上文,告诉读者科学家故意改变的事情就是“变化变量”;下文“If your change causes something else to happen, this

‘something else’ is called the responding variable, because it is responding to the change.”介绍了由于改变而发生的其他事情则是“响应变量”。由此可知,E 选项符合语境。故选 E。

【语篇分析】

1. easy to control 2. new 3. original 4. Create variables

【词海拾珠】

5. detect

【举一反三】

【猜测词义】

(1)科目 (2)主题,题材 (3)实验对象 (4)受……影响的
(5)使臣服

【句型透视】

[分析] 表语;时间状语;宾语

[仿写] that you should try your best to help others in need

Saturday

【文章大意】本文是一篇记叙文。文章主要讲述了 14 岁的 Amritha 创建了一个系统,利用人们对音乐的反应来推荐让他们放松的歌曲。

1. B 根据下文“... to ... how people respond to music.”可知,此处指人们在听音乐时产生的反应。故选 B。

2. D 根据下文“... to improve the effectiveness of music therapy for mental health.”可知,Amritha 创建这个系统的目的是提高音乐治疗对心理健康的有效性。故选 D。

3. B 根据常识可知,此处表示用传感器来测量人们听音乐时的心率和出汗情况。故选 B。

4. C 根据上文可知,这个系统使用传感器来测量人们在享受音乐时的心率和出汗情况,由此可知此处指她用所获取的信息来给人推荐让人放松的音乐。故选 C。

5. A 根据下文中 Amritha 的回答“... that’s where I get the idea to start this project...”可知,此处指什么启发了这个项目。故选 A。

6. B 根据下文“... what musical... impact our emotions...”以及常识可知,听歌能引起人的情感变化。故选 B。

7. C 根据上文可知,这个系统是通过人们对音乐的反应情况来为他们推荐歌曲的,可判断此处指找到一种客观的方法来测量听不同类型音乐时的放松程度。故选 C。

8. A 根据下文“... musical key played a role in music’s relaxation...”和“... timbre(音色) was relaxing...”可判断此处指音乐的特征。故选 A。

9. D 根据空后的“... I was really curious about...”可知,此处指 Amritha 最喜欢的部分。故选 D。

10. A 根据本句提到的 the musical key 以及下一句提到的 the timbre(音色)可知此处 Amritha 分析是哪些因素可以使音乐起到放松作用,即分析音调让人放松的潜力。故选 A。

11. B Amritha 还发现音色让人放松,这是她没有预料到的。故选 B。

12. C 根据下文“... because there’s still a lot left to uncover.”可知,此处指她将继续这个项目。故选 C。

13. D 除了心率和出汗情况,Amritha 还想用脑电波来追踪人们对音乐的反应。故选 D。

14. A 根据下文“... why we feel this way when we’re enjoying

music...”可知,此处表示这么做能使我们深入了解为什么我们在听音乐时会有这种感觉。give insight into“使深入了解……”。故选 A。

15. C 根据语境和常识可知,听音乐时人们身体所产生的反应大多与大脑有关,这是显而易见的。故选 C。

【词海拾珠】

4. relax; relaxed; relaxing

【举一反三】

【猜测词义】

(1)关键 (2)钥匙 (3)键 (4)关键的 (5)调

【句型透视】

[分析] 表语;目的状语;时间状语

[仿写] where he spent

Sunday

主题语境写作:科学与科学家

【词句复现】

【常见词块】

1. with the development of
2. have an effect on/upon
3. make a breakthrough
4. make the best/most of
5. be faced with new opportunities and challenges
6. make our life easier and more convenient
7. be devoted to
8. be lost in doing sth/lose oneself in doing sth
9. be buried in (doing) sth
10. be determined to do sth/make up one’s mind to do sth

【常见表达】

1. It is his creativity and determination that have contributed to his great success
2. who can make a difference to the society
3. Although/Though she has made such great achievements
4. becoming the first Chinese woman to win the Nobel Prize
5. which enables us to enjoy an easier and more convenient life/enabling us to enjoy an easier and more convenient life/making us enjoy an easier and more convenient life

【主题写作仿写】

1. we admire most
2. who is among the most outstanding representative figures of the aerospace field
3. What I admire most about him
4. that he overcame numerous obstacles to return to our motherland
5. Deeply inspired by these scientists

读后续写微技能:动作描写(一)

【跟踪演练】

1. grew wide/widened in surprise
2. raises his head; welling up
3. whispered an apology
4. come to/into my mind
5. prick up

II. 1. looking up 2. met her eyes 3. nervous laugh

4. quite an open mouth/her mouth widely open 5. murmuring

III. 【思路点拨】感恩节快到了, Spring 老师让学生们交一份有趣的作业——画出他们想感恩的东西。大部分学生画了感恩节好吃的东西,但是有一个叫 Douglas 的学生的画却不同于其他同学的。Douglas 家庭贫困,不爱和同学们交流,总是站在 Spring 老师旁边。他画了一只手,他的画引起老师和同学们的关注,同学们纷纷讨论这只手是谁的。

【详解】

1. 段落续写:

①由第一段首句内容“然后孩子们继续讨论其他作业, Spring 老师在 Douglas 的桌前停了下来。”可知,第一段可描写 Spring 老师问 Douglas 画的是谁的手, Douglas 告诉老师他画的是她的手。

②由第二段首句内容“她擦掉眼泪,清了清嗓子。”可知,第二段可描写老师告诉同学们 Douglas 画的是她的手,同时 Douglas 表达了对老师的感谢。

2. 续写线索:老师问 Douglas 画的是谁的手—Douglas 告诉老师自己画的是她的手—Spring 老师很感动—Spring 老师告诉全班同学—Douglas 表达对老师的感谢

One possible version:

Then the children went on to other assignments, and Miss Spring paused at Douglas' desk. She **bent down**, and softly asked him **whose hand it was**. The little boy **looked away** and **muttered**, "It's yours, Miss Spring." She recalled the time **when she had taken his hand and walked with him here and there so that he would not get isolated**. She recalled **how often she had said** "Take my hand, Douglas. We'll go to play outside." or "Let me show you how to hold your pencil." Douglas was most thankful for his teacher's hand. The young woman was deeply touched.

Brushing away her tears, she cleared her throat. "Boys and girls, now I'd like to have your attention. Douglas drew a hand of mine. Can you guess what the reason might be?" The children **glanced at** each other, puzzled. "I **am grateful for** your kindness, Miss Spring," Douglas stood up and said in a low but **determined voice**. "That means a lot to me." The whole class **clapped and cheered** for Douglas, **his eyes glittering with joyful gratitude**. He might not always say thanks, but he would remember the hands **that reached out to him**.

文化沟通与交流

Monday

【文章大意】本文是一篇应用文。文章主要介绍四个留学项目的特点。

1. B 细节理解题。根据 College Year in Athens—Rating 10.0 可知,此项目评分最高。故选 B。

2. C 细节理解题。根据第二个项目中的 "When you're not studying, participate in volunteer projects, group activities, and fun excursions(短途旅行) to get to know India." 可知,该项目有丰富的课外活动。故选 C。

3. D 细节理解题。根据最后两个项目的介绍可判断它们都让你接触到当地丰富的文化。故选 D。

【语篇分析】

1. a diversity of courses 2. after-school activities

3. Italian culture and cuisine 4. Japanese courses

【词海拾珠】

8. abundant

【举一反三】

【猜测词义】

(1) (比)率 (2)速度 (3)评价 (4)价格,费用 (5)划分等级

【句型透视】

【分析】定语; that

【仿写】with an uneasy expression/look on his face

Tuesday

【文章大意】本文是一篇新闻报道,主要报道了一个法国青年为促进中法文化交流所做出的努力。

1. D 细节理解题。根据第二段中 "When I first arrived in China, Chongqing was the first city I visited. I never expected it to develop so well. It's important to note that Chongqing isn't the

largest city in China..." 可知,是中国的发展使 Tim 决定留在中国。故选 D。

2. C 细节理解题。根据第三段 "... Tim accidentally discovered there was a great demand for French language teaching due to the cooperation projects between Xinjiang and some French-speaking African countries. However, there was a lack of French training institutions in the region. So at the end of 2014, Tim and his wife moved to Urumqi and founded their French training company named 'Urumqi French House'." 可知,乌鲁木齐对法语教学有很大需求,但是却缺乏法语培训机构, Tim 和妻子发现了这个商机,便搬到了乌鲁木齐开公司。故选 C。

3. B 推理判断题。根据第四段中 "When my family was shopping in Urumqi, they were amazed. They were surprised to find they could buy cheese and other things they use in France..." 可知是生活的便利使他们印象深刻。故选 B。

4. C 细节理解题。根据第五段中 "'I increasingly feel the role I can play as a bridge and link between China and France in communication,' said Tim." 和第六段内容可知,让 Tim 最自豪的应该是促进中法文化交流。故选 C。

【语篇分析】

1. development 2. French training company 3. amazed/impressed 4. cultural exchanges

【词海拾珠】

1. accidental; accident

【举一反三】

【猜测词义】

(1)解决 (2)(最终)决定,确定,安排好 (3)定居 (4)使处于舒适的位置 (5)(使)平静下来

【句型透视】

【分析】定语

【仿写 1】where lives were saved

【仿写 2】with her head buried deep in arms

Wednesday

【文章大意】本文是一篇说明文。文章主要介绍了美国印第安人国家博物馆的参观者最近有机会购买一些世界上最好的印第安艺术家的作品,如珠宝、衣服、绘画和雕像。作为为期两天的本地艺术市场的一部分,这些作品在位于华盛顿特区的博物馆总部向公众展出。

1. B 细节理解题。根据第二段第三句“Gutierrez says he and his family create handwoven cloth by using the same methods as their ancestors.”可知,他和他的家人用祖传技艺来制作手工编织的布料。故选 B。

2. D 细节理解题。根据第四段的第一句“Like Gutierrez, many of the artists said that nature is a big influence on their artworks.”可知,许多艺术家说自然对他们的作品有很大的影响,即这些作品的艺术灵感来自大自然。故选 D。

3. B 细节理解题。根据最后一段中“What we’re hoping that people will take away from this experience is just the realization of the contributions of native people to the Americas.”可知,此人希望人们能从这次经历中认识到印第安人对美洲的贡献,也就是要认识到他们的价值。故选 B。

4. A 词义猜测题。根据该词后文“... but they are still thriving (繁荣的), strong and creative.”中的 but 可知,此句前后部分构成转折。后文提到他们仍然蓬勃发展、强大且富有创造力,所以前面应该是说他们经历了不好的事情。因此此处 adversity 的意思是“不幸”,与 misfortune 是同义词。故选 A。

【语篇分析】

1. ancestors 2. natural 3. contributions

【词海拾珠】

4. function 5. realize

【举一反三】

【猜测词义】

(1)目标 (2)反对 (3)物体 (4)对象

【句型透视】

【分析】主语; 宾语

【仿写】what I participated in

Thursday

【文章大意】本文是一篇说明文。文章介绍了以中国苏州园林为模版、在中美建筑师、承包商和设计师之间的合作上重新开放的美国的流芳园。

1. D 推理判断题。根据第一段中“For him, the garden brings the Chinese philosophies he learned from books to life.”和最后一段中“By exposing its visitors to arts and literature, Liu Fang Yuan goes beyond international boundaries and bridges the cultural gaps between the two countries.”可知,流芳园的创意来自苏州园林的建筑艺术,同时,流芳园在促进中美之间的文化交流方面起着重要的作用。故选 D。

2. D 段落大意题。根据第三段内容可知,亨利·亨廷顿做出这个模仿苏州园林的决定不仅因为苏州园林名气大,也是因为发现了这两个园林之间的相似之处。因而本段主要讲述了为什么亨廷顿花园会以苏州园林为模版来设计。故选 D。

3. B 词义猜测题。根据第四段“To preserve the character of the Suzhou gardens, the Huntington Library sought help from Suzhou, giving rise to collaboration between US and Chinese

architects, contractors and designers. In all stages of construction, artisans(工匠) from Suzhou came to work on details of the venue.”可知,在建设这个园林期间,来自苏州的工匠会到工作的场地参与细节问题的的工作,说明了中美建筑师、承包商和设计师在这个过程中的合作,因而画线词为“合作”的含义,故选 B。

4. A 推理判断题。根据最后一段中“Now, it is meaningful to see how people from local communities interact with the garden.”和“By exposing its visitors to arts and literature, Liu Fang Yuan goes beyond international boundaries and bridges the cultural gaps between the two countries.”可知,Bloom 通过提及当地人与流芳园的联系,充分说明了流芳园在中美之间的文化交流方面起着重要的作用。故选 A。

【语篇分析】

1. the idea for Liu Fang Yuan 2. Cooperation 3. expansion

4. cultural gaps

【词海拾珠】

3. demonstration 4. scholar; scholarship 6. contract

7. expand

【举一反三】

【猜测词义】

(1)大笔的钱,巨款 (2)机会,运气 (3)命运

【句型透视】

【分析】结果状语

【仿写】making it even harder for me to interact with my peers

Friday

【文章大意】本文是一篇说明文,主要介绍了学生从交换生项目中能够获得的好处。

1. F 根据空处前一句“In fact, students want to study abroad rather than travel.”可知,事实上学生是想要出国留学而不是旅行;根据空处后一句“Instead, it will be the supply of diverse opportunities for the student.”可知,相反,它将为提供各种各样的机会。由此可知,空处描述的内容和下文相反,F 项“虽然学生们真的喜欢旅游,但学习并不是总是充满旅行乐趣的活动。”与上下文衔接紧密,符合语境。故选 F 项。

2. B 空处是本段的主旨句,根据空处后一句“Studying in another country opens the student’s eyes to different surroundings, which makes the student know about the country’s customs, people and regions.”可知,在另一个国家学习可以让学生了解不同的环境,让学生了解这个国家的风俗习惯、人民和地区。由此可知,该段主要是关于文化差异的。B 项“对文化差异更好的认识。”符合语境,总结该段内容。故选 B 项。

3. G 根据空处后一句“Thus, the student needs to make decisions on his or her own and suffer the consequences or enjoy the fruits of those decisions.”可知,学生需要自己做决定,并承担后果或享受这些决定带来的成果。由此可知,G 项“成为一名交换生通常意味着要远离家乡和父母的指导生活着。”与下文衔接紧密,下文是对空处的语意递进。故选 G 项。

4. D 根据空处前一句“It’s no wonder that most students who return after the exchange programme are seen with significant improvement on their personal development.”可知,大多数在交换生项目结束后回国的学生在个人发展方面有明显的进步。由此可知,空处应该承接上文,具体描述他们的进步,D 项“他们中的

大多数人更加自信,拥有更好的决策能力。”承接上文,符合语境。故选 D 项。

5. C 根据空处后一句“Just imagine, by transforming students in a foreign country, the society is starting to build new blood of more mature people who might just be able to create a better tomorrow for the generations to come.”可知,经过改造后的学生们为这个社会注入一批由更加成熟的人构成的新生力量,他们也许能够为后代创造更美好的明天,这说明他们有助于社会的进步。由此可知,C 项“更重要的是,这有助于社会的进步。”引出下文,符合语境。故选 C 项。

【语篇分析】

1. Benefits 2. cultural differences 3. Personality
4. society

【词海拾珠】

1. academy 4. consequent; consequently 5. resource
6. invest

【句型透视】

1. [分析] 主语;定语

[仿写] Finding out why you make mistakes

2. [分析] 形式主语;主语;定语

[仿写] it is no wonder that he became a champion of

Saturday

【文章大意】本文是一篇记叙文。作者生于一个偏僻的小镇,在进入城市求学和生活之后发现人们需要增加交流和了解,为此,作者创建了一个网站专门供人们交流。

1. B 作者与当地人的做法不一样,人们无法理解(understand)作者为什么不穿运动外套。故选 B。
2. A 当地的姑娘没有想到作者从来都没听说过(heard of)她们习以为常的东西。故选 A。
3. C 根据后面的 study hard 可知,此处指对于孩子们(children)来说。故选 C。
4. B 如果孩子们只知道玩耍,就只能永远(forever)被困在家乡了。故选 B。
5. A 人们的日子自然是用来“过”(lived)的。故选 A。
6. A 冬天天气寒冷,“我们”将自己裹进厚厚的外套里来保(preserve)暖。故选 A。
7. D 本文第一段中提到作者到城市(city)求学,因此此处指的就是这座城市。故选 D。
8. A 在城市里生活一段时间后,作者明白(see)了这里的温暖是什么。故选 A。
9. B 因为社会的另一端正在发生别的事情,所以人们要对其进行探索(seek)。故选 B。
10. D 在生活中,人们会接触连续不断的(constant)新闻和冒险。故选 D。
11. C 人们为了更多地了解社会,与外界联系(connection)的欲望需要被满足。故选 C。
12. A 为了满足人们的交流欲望,在作者的努力之下,新网站 Conversation Square 诞生(born)了。故选 A。
13. D 作者心血来潮想到了这个主意(idea)。此处指作者建立网站让人们交流这个主意。故选 D。
14. B 人们相隔很远,要让人们联系起来是一个复杂的(complex)过程。故选 B。
15. C 作为交流平台提供者的作者,应是收到了来自两边参与

者的反馈信息(feedback)。故选 C。

【词海拾珠】

1. exist; existing 5. quick; quickly

【举一反三】

【猜测词义】

(1)罢工 (2)突然想到 (3)碰撞 (4)袭击 (5)给(某人以……)印象

【句型透视】

1. [分析] 时间状语;宾语

[仿写] When my mother returned from work and caught sight of the bookshelf

2. [分析] (伴随)状语;宾语;主语

[仿写] behaving well and thinking about something

Sunday

渐进写作微技能:高考英语写作中的高级词汇

【跟踪演练】

- I. 1. challenging 2. promote 3. possess 4. wonder
5. seated 6. convinced 7. accustomed 8. opportunity
9. occupied/engaged/buried 10. appropriate
II. 1. keep/bear in mind 2. As far as I'm concerned
3. despite the fact that 4. In the course of 5. spare no effort
6. all of a sudden 7. have a good command/knowledge of
8. am convinced 9. turned a deaf ear to 10. put up with

主题语境写作:文化沟通与交流

【词句复现】

【常见词块】

1. date back to/date from
2. have a better understanding of
3. make a brief introduction to
4. spread Chinese culture
5. traditional culture
6. culture shock
7. follow a custom
8. pass sth down from generation to generation
9. local customs and practices
10. in honour/memory of

【常见表达】

1. that we should treasure and develop/treasured and developed our own valuable culture
2. some measures should be taken to protect/we should take some measures to protect
3. Learning about different cultures and customs
4. under the influence of the trend of globalization
5. it's very necessary for you to have a good knowledge of it

【主题写作仿写】

1. So delighted to learn that your school is going to hold the annual “Chinese Culture Festival”
2. to hold a competition about Chinese poetry recitation
3. through which students can taste the charm of the Chinese language
4. as unique customs and traditions behind each festival will undoubtedly keep students spellbound
5. that your culture festival will be a joyful and fruitful activity

饮食与文化

Monday

【文章大意】本文是一篇应用文。文章主要推荐了四个英国最好的美国风味餐厅。

1. B 细节理解题。根据第一个餐厅介绍中的“... but it's quite popular, particularly with families. There is a large play area out front, where your children can have a good time.”可知,这个餐厅对家庭有吸引力的原因是它对孩子友好。故选 B。

2. D 细节理解题。根据第三个餐厅介绍中的“Overlooking the Southend seafront, this 1950s-style diner serves up nostalgic(怀旧的) charm in spades.”可知,这个餐厅有历史感。故选 D。

3. C 细节理解题。通过比较两家所提供的食品可判断,它们中有些是一样的,比如都包括 burgers 和 milkshakes。故选 C。

【语篇分析】

1. large play area 2. redecorated 3. 1950s-style 4. classic

【词海拾珠】

1. cheer 2. refresh

【举一反三】

【猜测词义】

(1)低下头 (2)接通电源 (3)记录 (4)使……走投无路;逼……入绝境 (5)写作,创作

【句型透视】

【分析】时间状语

【仿写】Once you have decided to take part

Tuesday

【文章大意】本文为一篇记叙文。本文主要讲述了一家独特的纽约餐馆邀请祖母们做饭的故事。

1. C 推理判断题。根据第二段中“At his unique Italian restaurant, half of the menu is always Italian, while the other half includes cuisines from all over the world... Each night, a grandmother from a different country designs a fresh menu, honouring her favourite native cuisine.”可知,餐馆菜单上一半的菜肴包含了世界各地的美食,每天晚上位来自不同国家的祖母会设计一份新鲜的菜单,故推断其一半的菜单每天都在变化。故选 C。

2. D 推理判断题。根据第三、四段他说的话可推断,他回忆早年家庭生活是为了说明受到祖母的影响,他开了这家餐馆。故选 D。

3. A 推理判断题。根据第五段“When people from different cultures visited the restaurant to get a taste of authentic Italy, Scaravella decided to extend his winning formula to include women from across the globe, and thus, in 2015, the ‘Nonnas of the World’ initiative was born.”可推断,来自不同国家的顾客的光顾使他决定改变经营模式。故选 A。

4. C 细节理解题。根据最后一段“Now the restaurant is open only on Fridays, Saturdays and Sundays. Although it's usually crowded, the nonnas don't seem nervous.”可知,这家餐馆一周只营业三天。故选 C。

【语篇分析】

1. grandmothers' 2. cultures/countries 3. influence

4. crowded

【词海拾珠】

5. extension

【举一反三】

【猜测词义】

(1)危及生命的 (2)节省劳力的 (3)角色扮演的 (4)发声的

【句型透视】

【分析】而……

【仿写】while success only belongs to the hard-working people

Wednesday

【文章大意】本文是一篇新闻报道,主要报道了墨西哥一个农产品市场为减少食物浪费所做出的努力。

1. B 推理判断题。根据第一段中“From the early hours of dawn, buyers from markets far and wide come to select produce for the day's business. ‘Thirty to 40,000 tons of food is sold here daily...’”可知,阿巴斯托斯中心是一个忙碌的农产品市场。故选 B。

2. A 推理判断题。根据第二段中“However, this food market is also a huge source of food waste. ‘About 20 million tons of food is lost or wasted every year in Mexico,’ says Lina Pohl Alfaro...”可推断,其目的是呈现一个事实,即:它也是食物浪费的一个巨大来源。故选 A。

3. C 推理判断题。根据第四段中“We go through the market to gather donations and try to teach sellers the principles of reusing and recycling everything we can...”可知,FAO 鼓励卖家们捐赠和回收利用一切,培养他们这种积极的意识。故选 C。

4. B 细节理解题。根据最后一段中“Gutiérrez is one of the sellers taking part in the programme.”可知,Gutiérrez 支持该项目。故选 B。

【语篇分析】

1. select produce 2. food waste 3. (to) recycle

【词海拾珠】

6. distribution

【举一反三】

【猜测词义】

(1)生产 (2)农产品 (3)生育 (4)制作 (5)引起,导致

【句型透视】

【分析】原因状语;宾语补足语;目的状语;定语

【仿写 1】Seeing such a terrible sight

【仿写 2】me wondering

Thursday

【文章大意】本文为一篇说明文。一家位于加州的初创公司正在做一件看似神奇的事情:用空气创造肉。Air Protein 只用微生物、水和空气中的元素就创造出了非动物性的肉类和海鲜。

1. B 细节理解题。根据第二段最后一句“Then in 2019, Air Protein founder Dr Lisa Dyson, a physicist, picked up where NASA left off.”可知,Dyson 从 NASA 研究中断的地方开始研究,即基于 NASA 之前所做的研究。故选 B。

2. A 段落大意题。根据第三段中“Once the protein is taken from air, the company then purifies it into a powder that is used to create solid proteins that copy the taste, texture(质地) and look

of animal proteins.”可知,该段旨在介绍如何从空气中制造肉。故选 A。

3. C 代词指代题。根据第四段中“Dyson became interested in the food industry because of the large amount of greenhouse gases it produces. It is the meat industry that is responsible for the most emissions, according to *Wired*. Yet eating meat is still growing across the world...”可知,Air Protein 的解决方案可以帮助控制食品工业对环境的影响。故选 C。

4. D 推理判断题。根据文章最后一句“I think there’s a promising future when we change how our food is made.”可推断,Dyson 对食物生产的未来持积极态度。故选 D。

【语篇分析】

1. in the air 2. protein 3. reduce

【词海拾珠】

3. pure

【举一反三】

【猜测词义】

(1)可靠的,可信赖的 (2)可移动的 (3)明智的,可取的
(4)非凡的

【句型透视】

[分析] 同位语;定语

[仿写] that we won the game

Friday

【文章大意】本文是一篇说明文,主要介绍了如何通过食物建立亲密的关系。

1. A 根据空前“Food is what keeps human bodies full of nutrients and it provides the energy needed to go through life.”可知,食物是使人体充满营养的东西,它提供了贯穿一生所需的能量。选项 A(但除了生存,进食还有更多的意义。)与之构成转折关系,选项中的 survival 对应空前内容。空后“People often use food to bond with others through shared meals, food gifts and participating in celebrations.”补充说明吃的意义也在于人们经常用食物来与他人建立联系。故选 A。

2. G 根据空后“What really matters is that the social interaction of the meal setting encourages people to pay attention to each other and to connect.”可知,真正重要的是,用餐环境的社交互动能鼓励人们相互关注并建立联系。选项 G(并且有趣的是,并不是真正的食物让这顿饭如此重要。)可衔接下文。故选 G。

3. E 根据上文“Some suggest going out to eat with friends, family members or co-workers bimonthly or even weekly.”可知,此处建议人们每半个月甚至每周和朋友、家人或同事一起出去吃饭。选项 E(这将创造更深入、更有意义的互动。)中的 this 便指代上文跟朋友、家人或同事一起出去吃饭这件事,说明了一起出去吃饭的益处。故选 E。

4. D 根据空前“...people who eat socially are more well adjusted in social and emotional settings.”可知,在社交场合吃饭的人更能适应社交和情感环境。选项 D(此外,他们更有可能自我感觉更良好。)说明了在社交场合吃饭的另外一个益处,与上文构成并列关系。故选 D。

5. B 下文“A study conducted by the University of Chicago concludes that it is all about trust. Food helps develop trust since eating the same food together with someone else suggests that both parties are willing to bring the same thing into their body.”回

答了选项 B(所以为什么和其他人吃饭感觉良好呢?),即和别人一起吃饭感觉很好的原因是食物有助于建立信任。故选 B。

【语篇分析】

1. pay attention to 2. interactions 3. well adjusted 4. trust

【词海拾珠】

5. emotion

【举一反三】

【猜测词义】

(1)带领 (2)实施,进行 (3)传导 (4)行为,举止 (5)指挥

【句型透视】

[分析] 形式主语;主语

[仿写] It’s (only) natural that we need time to get used to our new surroundings

Saturday

【文章大意】本文是一篇记叙文。文章主要介绍了一个非营利组织组织志愿者为世界各地有需要的人提供食物的故事。

1. A 根据第二段中“Across four days in November, DKC volunteers prepared pre-packaged meals containing protein, vitamins, and grains.”可知,此处指组织一项活动。故选 A。

2. C 根据上文中“Each November, Suter and DKC ... a meal-packing event.”中 event 的提示可判断此处指活动。故选 C。

3. B 根据第四段中“During my visit, hundreds of volunteers packed meals.”中 visit 的提示可判断此处指拜访。故选 B。

4. D 根据上文“...containing protein, vitamins, and grains.”可判断此处指食材混合物。故选 D。

5. A 此处指在捐赠者的经济支持下,4200 多名志愿者提供了近 120 万份食物。故选 A。

6. C 此处指在过去的 14 年里,这一努力意味着为全世界有需要的人提供了 1700 万份食物。故选 C。

7. B 根据本段内容可知,该组织为世界各地有需要的人提供食物,这种行为是服务别人的做法,故选 B。

8. D 根据下文“...to help people who are less... than I am, and to make a...in somebody’s life...”可判断此处应指他心中的一种希望。故选 D。

9. A 因为那些人需要帮助,所以可推断出他们是没有 Riley 幸运的人。故选 A。

10. B Riley 是一名志愿者,为世界各地有需要的人提供食物是对别人的生活有影响的一件事,make a difference 意为“有影响”。故选 B。

11. D 根据上文“As Riley and other volunteers packed meals, music was being played...”可判断出应该是播音员在鼓励他们。故选 D。

12. C Frank Roberts 作为这次活动赞助单位的副总裁,给有需要的人提供食物应该是有影响力的事情。故选 C。

13. A 根据下文“... ‘Seeing all these people ... together for a wonderful...’”可判断出此处应指他最喜欢的部分。故选 A。

14. C 根据第三段中“This year, over 4,200 volunteers packed nearly 1.2 million meals...”可判断出此处指他们一起工作。故选 C。

15. B 为世界各地有需要的人提供食物是一项伟大的事业。故选 B。

【词海拾珠】

4. finance

【举一反三】

【猜测词义】

- (1) 学龄前儿童 (2) 预先指定的, 预先分配的 (3) 预订的
(4) 税前的 (5) 预先写好地址的

【句型透视】

[分析] 定语; that; 同位语; 定语

[仿写] (that) the world had ever known

Sunday

主题语境写作: 饮食与文化

【词句复现】

【常见词块】

1. build up one's body 2. keep a balanced diet 3. be rich/
abundant in 4. to one's taste 5. a good/healthy appetite
6. take in 7. be high/low in 8. be beneficial/harmful to
9. be/go on a diet 10. a variety of/varieties of

【常见表达】

1. China is a country with a long history
2. which occupies an important part in the nation's
traditional culture
3. so that the natural flavours of the main materials are preserved
4. Although steaming is a slower process than boiling
5. because the food should be good not only in flavour and smell,
but also in colour and appearance

【主题写作仿写】

1. you have a preference for Chinese food and drink
2. When heated
3. since it's rich in plant protein
4. As research shows
5. If you are interested

读后续写微技能: 动作描写 (二)

【跟踪演练】

- I. 1. cupped her hands over her chin/cupped her chin in her
hands 2. rushed into 3. reached into 4. shook/trembled
5. stepped in 6. rose to their feet; clapping 7. lay down;
under her head 8. take a nap
II. 场景一: 1. was wandering aimlessly 2. turned around

Monday

【文章大意】本文是一篇应用文, 主要介绍了四个能看北极光的地方。

1. A 细节理解题。根据第一个地方的介绍 "There's little light pollution in Iceland so you can view the northern lights in Reykjavík but it is recommended that you take a tour outside of the city." 可知, Reykjavík, Iceland 几乎没有光污染, 即有清澈的环境让人们看到北极光。故选 A。
2. C 细节理解题。根据第二个地方的介绍 "The city lies directly beneath a band of auroral activity so it is a perfect spot to view the northern lights." 可知, Fairbanks, Alaska 位于极光活动带的正下方, 故因其地理位置使人们能在此看到极光。故选 C。

3. shrugged his shoulders 4. tapped 5. warning 6. shook with a laugh

场景二: 1. Crossing the finish line 2. knelt down/went down on his knees 3. held him tightly 4. walked to 5. waved to

III. 【思路点拨】本文以故事发展顺序为线索展开。文章讲述了一名叫作沃尔特·约翰的贫困学生不得不做兼职工作以支付生活费用。为了提高收入, 他换了一份工作。在第一天上班时, 因为自己的汽车抛锚和在他的工作时间公共交通停运, 他不得不从午夜开始步行去上班。在他走得筋疲力尽并感到害怕时, 一位好心的司机搭载了他, 这让他没有迟到并备受鼓舞。

【详解】

1. 段落续写:

①由第一段首句内容“最后约翰开始了他的长途行走。”可知, 第一段可描写约翰在午夜长途步行时的感受。

②由第二段首句内容“那时, 一辆车开得越来越近。”可知, 第二段可描写这位车主询问了情况后搭载了约翰一程以及约翰在受到帮助时的内心感受。

2. 续写线索: 开始长途行走—午夜穿越森林—害怕—一路狂奔—过路司机提供帮助—感受

One possible version:

Finally John started his long walk. Having trekked for two hours, he came to the deep forest. Besides the rustling of trees, the wood was in a deathly silence. He quickened up and held onto the bat tightly. Abruptly, a terrible howl, which sounded like a wolf, broke the silence and frightened him. He jumped to his feet and ran as fast as his legs could carry him. He didn't stop running until he saw a flash of light at a distance, moving quickly towards him.

At that time, a car was drawing closer. John was dashing towards the car and waving. The driver Frank noticed him and rolled down the window, asking cautiously why he was alone at night. Hearing that there were probably wolves in the forest, Frank offered to give him a lift. John jumped in the car swiftly. Thanks to Frank's help, John managed to reach the destination at 5:30 am. With the sun rising from the horizon, John's face glowed with gratitude. Feeling energetic, he couldn't wait to get started.

长途旅行

3. D 细节理解题。根据最后一段中 "Rovaniemi in Finnish Lapland is a great place to take a family vacation. There're enough daytime activities including sledding, ice fishing, and learning about the unique culture of the area." 可知, 在 Rovaniemi in Finnish Lapland 有许多适合家庭的户外活动。故选 D。

【语篇分析】

1. little light pollution 2. perfect spot 3. sunrise
4. arctic circle

【举一反三】

【猜测词义】

- (1) 带 (2) 乐队 (3) 范围 (4) 一群人, 一伙人

【句型透视】

[分析] 形式主语; 主语

[仿写] that you take part in some traditional cultural activities

Tuesday

【文章大意】本文是一篇记叙文,主要介绍彼得森花了近 10 年的时间访问了世界上的每一个国家,而且他每一次都没有坐飞机。

1. A 细节理解题。根据第二段中“But in 2013, he read of someone who'd visited all the countries of the world. Mr Pedersen realized he could set a record by doing the same thing, but without flying.”可知,是一篇励志文章使他产生了环球旅行的想法。故选 A。

2. B 细节理解题。根据第一段中“He spent nearly 10 years visiting every country in the world...”和第三段中“He hoped he could live on about \$20 a day and finish his trip in about four years.”可知,他预期用大约 4 年的时间完成环球旅行,但结果却用了近 10 年的时间。故选 B。

3. B 推理判断题。根据第四段中“He travelled across Europe and North America, where his biggest challenge was not spending too much money. But as he moved on to other parts of the world, things began to get much trickier.”和第五段内容可知,他一路上经历了很多困难。故选 B。

4. A 推理判断题。根据第六段中“‘You might have to try 1,000 closed doors,’ he says, ‘but there’s always an open door somewhere. Never, ever give up.’”可推断,是他的坚持不懈使他没有半途放弃。故选 A。

【语篇分析】

1. flying 2. plan 3. difficulties/challenges 4. good experiences 5. write a book

【词海拾珠】

2. trick 4. contain

【举一反三】

【猜测词义】

(1)盖住 (2)行驶(一段距离) (3)包括,涉及 (4)足够支付 (5)报道 (6)封面

【句型透视】

【分析】非限制性定语;表语

【仿写】where you're certain to get a deeper insight into/a deeper understanding of Chinese culture

Wednesday

【文章大意】本文是一篇说明文。一块警示牌警告人们冰岛的 Fjadrárgljúfur 峡谷禁止游客进入,因为这个地区无法容纳更多的游客。然而,许多人继续沿着狭窄的道路开车去该峡谷。

1. D 细节理解题。根据第一段最后一句“... the area cannot support more visitors.”和第三段最后一句“The number of visitors is out of proportion to the infrastructure needed to protect its countryside.”可知,这个地区无法容纳更多的游客了,关闭峡谷是为了避免太多的游客。

2. A 细节理解题。根据第五段第一句“Over 1 million people have visited the area since Bieber's video was released.”可知,自从 Bieber 的视频发布以来,已经有超过 100 万人参观了该地区。故游客数量暴增是因为一个视频。

3. D 词义猜测题。根据画线词所在句前面的“The footprints suggested that someone had jumped the fence overnight.”可知,脚印表明有人在晚上跳过了栅栏。因此可能会有更多的人擅自进

入。故 trespass 的意思是“擅自进入;非法闯入”。

4. B 推理判断题。根据最后一段第三句“They were quick to correct the artist's last name to Bieber.”可知,他们很快就把这位歌手的姓纠正为 Bieber。这说明可能此人说错了,误把 Bieber 说成了 Timberlake。

【语篇分析】

1. Problem 2. music video 3. ignoring

【举一反三】

【猜测词义】

(1)排放 (2)发布,发行 (3)宣泄,发泄 (4)释放

【句型透视】

【分析】宾语;时间状语

【仿写】that more space lectures will be delivered from the China Space Station in the future

Thursday

【文章大意】本文为一篇说明文,主要介绍了在阿联酋首都阿布扎比旅游时的一条旅游路线。

1. D 推理判断题。根据第二段中的“Not only do these trees protect the coast from rising sea level and storms, but they also catch and store carbon from the atmosphere.”可推断,我们可以将红树林描述为该首都的守护者。

2. C 细节理解题。根据第四段中的“While making your way around the oasis you're likely to find its greatest curiosity: a traditional irrigation system called 'falaj'.”可知,给人留下最深刻印象的可能是其灌溉系统。

3. C 推理判断题。根据最后一段中的“Your efforts will be rewarded not only with views of almost Mars-like landscapes but also with the opportunity to see 5,000-year-old tombs where the early people of Al Ain buried their dead. Relics unearthed here revealed trade links with ancient Mesopotamia, Iran, and the Indus Valley.”可推断,历史爱好者应该对它最感兴趣。

4. B 推理判断题。根据文章第一段可推断出本文是一篇旅行指南,即指导如何在阿布扎比旅行。

【语篇分析】

1. featuring 2. on foot

【词海拾珠】

4. invisible

【举一反三】

【猜测词义】

(1)渠道,途径 (2)航道 (3)频道 (4)海峡

【句型透视】

【分析】定语

【仿写】with the vegetables picked

Friday

【文章大意】本文是一篇说明文。文章主要介绍了人们如何做到环保旅行,比如尽可能少乘坐飞机、旅游时吃当地食物以及轻装旅行等。

1. G 根据上文“The urge to travel comes from a deep desire to see as much of the world as possible. You dream of visiting new countries, meeting new people and experiencing another culture.”可知,人们有旅行的渴望;根据后句“Fortunately, there are things you can do to reduce the harm you cause, known as eco-travel.”可

知,要减少旅行带来的危害,因此判断设空处应该是介绍旅行给环境带来危害。由此可知,G选项(然而,乘飞机旅行对地球有不好的影响。)符合语境。

2. F 本段内容建议人们要少乘坐飞机旅行,选用其他的交通方式,如下文提到的 land travel, walking, cycling 以及 horseback riding,由此可知,F项(尽量乘坐除飞机以外的交通工具旅行。)符合语境。

3. D 根据下文中的 first of all 和 secondly 可知,设空处提到了两个方面的好处,由此可知 D 选项(吃当地食物有两个主要优势。)符合语境。

4. E 设空前一句“Not only will it make it easier for you, but it will also mean you can travel with the carry-on only and do not have to pack a bag.”介绍了轻装旅行的好处。E选项(另外,它会使用更少的燃料,因为负载更轻。)描述轻装旅行的另一个好处,由此判断 E 选项可以承接上文。

5. A 由设空前一句“While maybe you don't always have time to travel, it is great to think about how you can soften your carbon footprint on a daily basis.”可知,虽然你可能不是总有时间旅行,但可以想想如何减轻碳足迹。A选项(对旅游者来说,就是要这样做。)中的代词 it 指代上文提到的减轻碳足迹这件事情,故判断 A 选项可以承接上文。

【语篇分析】

1. reduce 2. airplanes 3. local food 4. lightly

【词海拾珠】

2. reduction 4. distant

【举一反三】

【猜测词义】

(1)使变紧 (2)使潮湿 (3)加强 (4)变长

【句型透视】

[分析] 让步状语;宾语

[仿写] While it's good to dream big, it's best to start with small goals

Saturday

【文章大意】本文是一篇记叙文,主要介绍了来自英国达灵顿的老人 Brian Everett 为了给不同的慈善机构筹款而坚持每天进行徒步活动的故事。

1. D 根据下文“... who died of cancer in 2004.”和第二段中他所说的话可知他为癌症研究筹款是为了纪念他的妻子。

2. B 根据 climbing mountains 和 long-distance running 可判断此处应为运动项目,故选 B 项。

3. C 根据下文“It's been 18 years but the gap is still there.”可判断此处指它永远不会消失。

4. A 根据下文“... when you're doing things you used to do together, you... your partner.”可知,很明显,当你做你们以前常常一起做的事情时,你会想念你的伴侣。

5. D 解析参考上题。

6. B 他接受了每天平均步行 9.3 英里的挑战,以达到 24 901 英里。rise to the challenge 意为“接受挑战,奋起应对挑战”。

7. C 根据下文“He even walked several miles during festivals.”可判断此处指他几乎不休息。

8. A 根据上文“... the challenge of walking an average of 9.3 miles a day to reach 24,901 miles.”可判断此处指他计划在 2024 年 90 岁时完成这一旅程。

9. D 根据下文“... from admiration to believing he's...”可判断此处指他家人对他的行为的反应。

10. B 根据上段他挑战的内容可知,他的家人对他的态度是有的家人钦佩他,有的家人认为他一定是疯了。

11. C 他解释说:“无论我在哪里,我都会步行。视情况而变化,但我可以每天花五或六个小时走路。”

12. A 到目前为止,他已经筹集了约 9500 美元,并力争达到约 2 万美元的目标。

13. D 根据下文“... to do something to keep the mind and body ...”可判断他不会停止自己的行为,即他打算在达到目前的目标后寻找新的挑战。

14. B 此处指他想做一些事情来保持身心活跃。

15. C 根据下文“... the challenges help collect funds for...”可判断此处指挑战还有一个额外的好处,那就是可以为慈善机构筹集资金。

【词海拾珠】

4. admire; admirable

【举一反三】

1. [猜测词义]

(1)差距 (2)缝隙 (3)空白 (4)间隔

2. [猜测词义]

(1)航线 (2)课程 (3)过程,进程 (4)比赛场地,球场

【句型透视】

[分析] 宾语;宾语

[仿写] The author claims that it will be a great loss

Sunday

渐进写作微技能:句子的润色提升技巧

【跟踪演练】

1. An activity on the theme of saving food was organized
2. It's our parents who
3. which has a history of more than two thousand years
4. because I have some experiments to do that day
5. mentioning that your deskmate often interrupted you
6. Although faced with many problems
7. Not until then did I realize
8. With you on the team
9. What a good time we had
10. it; to select a suitable book

主题语境写作:长途旅行

【词句复现】

【常见词块】

1. be struck/fascinated by...
2. have a good view of
3. take a vacation
4. a place of interest
5. a tourist attraction
6. beyond description
7. book/reserve a single/double room
8. take a picture/photo
9. appeal to...
10. catch one's eye

[常见表达]

1. On arriving at the top of the hill
2. With people's living standards raised in recent years
3. shortening the travelling time
4. which has played an educative role
5. so that I can make arrangements to see you

急救

Monday

【文章大意】本文是一篇应用文,主要介绍了一门急救课程。

1. B 细节理解题。根据第二段“This course is an intensive course which focuses on enabling you to practise performing first aid skills. Students will constantly be both indoors and outdoors for simulations (模拟) and practice, no matter how terrible the weather is.”可知,该课程提供了大量的动手实践。故选 B。
2. A 细节理解题。根据 Requirements 部分中的“Upon registration, participants will have access to a 2-hour-long Pre-Class Online Presentation about the Patient Assessment System. The information contained in this presentation was previously formatted as required pre-reading. By reformatting this information into a visual presentation video, students are better able to follow along and understand the material.”可知,参加该课程的人必须完成观看课前陈述。故选 A。
3. D 推理判断题。根据 Recommended for 部分中的“This course is strongly recommended for teachers leading school trips, backcountry guides, private expedition groups, college/university outdoor education programmes, hiking club trip leaders, wilderness therapeutic programmes, and adventure race safety personnel.”可知,该课程最适合在户外度过大量时间的人。故选 D。

【语篇分析】

1. benefits/advantages 2. recommended 3. Contact

【词海拾珠】

1. intensity 5. register

【举一反三】

【猜测词义】

- (1)表演,演出 (2)做,执行 (3)运转

【句型透视】

【分析】时间状语;一类人;定语

【仿写】when I received the letter

Tuesday

【文章大意】本文是一篇记叙文,主要介绍了一个 12 岁的男孩用急救知识救人的故事。

1. C 细节理解题。根据第二段中“He swam over to Piquette and brought him to the shallow end. He went out of the water to search for help and on finding none, he came back to Piquette.”可知,MacMillan 去寻求帮助。故选 C。
2. D 推理判断题。根据第二段中“That's when the show came to his mind. He quickly performed CPR (心肺复苏) on Piquette. 'I just saw it from a TV show—*Stranger Things*,' MacMillan said. 'After I gave him CPR, he woke up several minutes later.' ”

【主题写作仿写】

1. Knowing that our school is asking for our opinions
2. Lying along the Lijiang River
3. which is famous for its beautiful scenery in the world
4. With green hills and clear water
5. where you can enjoy various caves and carvings
6. if you can take it into consideration/account

可推知,这个电视节目给了 MacMillan 一个主意。故选 D。

3. D 细节理解题。根据第四段中“MacMillan's mother, Christina who was out of her home but was informed over a call about the situation said she was 'locked' in fear.”可知,Christina 最初感到害怕。故选 D。
4. B 推理判断题。根据最后一段“The 12-year-old's parents took things one step further. Christina knows some people aren't so lucky so she helps with CPR training for close friends and family at her home. 'I wanted to turn this into a more positive way to educate other parents and bring awareness of CPR for them so that this doesn't happen,' Christina said.”可推知,Christina 的建议可能是让孩子们掌握一些急救技能。故选 B。

【语篇分析】

1. stay underwater 2. search for help 3. proud of

【词海拾珠】

1. clarification 3. conscious 4. intelligence

【举一反三】

【猜测词义】

- (1)恍然大悟 (2)使发出咔嚓声 (3)点击

【句型透视】

【分析】时间状语;定语;目的状语

【仿写】I was ready; my parents had already prepared a tasty breakfast for me

Wednesday

【文章大意】本文是一篇新闻报道。一架搜救直升机发现了三名失踪船员在沙滩上标注的“SOS”信息后,各方展开了紧急救援,这三名最终安全到家。

1. D 推理判断题。第二段描述密克罗尼西亚复杂的地形是为了说明救援工作的难度,故选 D 项。
2. B 细节理解题。根据第三段“But they sailed off course and their boat ran out of fuel.”可知,燃料用尽是他们陷入困境的原因,故选 B 项。
3. A 推理判断题。根据倒数第二段 Jason Palmeira-Yen 所说的话可推知,他主要在介绍他们是怎么发现这三名船员的,故选 A 项。
4. C 细节理解题。根据最后一段“A nearby Australian navy ship had two helicopters, and they were able to fly in to make sure the men were healthy, and to bring them food and water.”可知,救援队用直升机给他们运送了水和食物,故选 C 项。

【语篇分析】

1. ran out of 2. branches 3. were spotted

【举一反三】

【猜测词义】

- (1)斑点,痕迹 (2)记号 (3)分数 (4)打分数 (5)做记号 (6)标志

【句型透视】

【分析】表语

【仿写】is when I'm alone

Thursday

【文章大意】本文是一篇说明文,主要介绍了“旁观者效应”及其原因,最后指出面对紧急情况时,应该跟随自己的直觉去提供帮助。

1. C 推理判断题。根据第一段中“A tragic case of Kitty Genovese, who was killed, happened in New York in 1964. However, subsequent investigations concluded that several people saw or heard what was happening, but did nothing to intervene. This has been termed the ‘bystander effect’—a well-known psychological phenomenon where individuals are less likely to offer help to someone when other people are present.”可知,作者由 Kitty Genovese 的案件引出本文的话题,故选 C。

2. D 细节理解题。根据第二段中“While we might like to think we would rush to someone's assistance, we know from studies that often people hang back. Research from the British Heart Foundation has suggested that a third of people would not give first aid if they saw someone collapse on the street, with some even admitting they wouldn't call an ambulance.”可知,在紧急情况下,许多人不会冲上前去提供帮助,故选 D。

3. D 段落大意题。根据第三段内容,尤其是“There are various factors contributing to this effect...”以及“It is also partly down to ‘pluralistic (多元的) ignorance’...”可知,本段主要解释了人们不提供帮助的原因,故选 D。

4. A 主旨大意题。根据全文内容,尤其是最后一段中“Ignore everyone else and go with your gut (直觉)—If you'd run for help, do it.”可知,本文主要介绍了“旁观者效应”及其原因,最后指出面对紧急情况时,应该跟随自己的直觉去提供帮助,A项“不要成为一个旁观者”为最佳标题,故选 A。

【语篇分析】

1. tragic case 2. rush to someone's assistance 3. Take action

【词海拾珠】

1. subsequently 2. investigate

【举一反三】

【猜测词义】

(1)学期 (2)术语 (3)把……称为,把……叫作

【句型透视】

【分析】定语;时间状语

【仿写】where you have to decide immediately

Friday

【文章大意】本文是一篇说明文,主要介绍了急救的好处及方法。

1. D 根据空前“Using basic first aid, you may be able to stop a small misfortune from getting worse.”可知,此处介绍了急救的好处。D选项进一步介绍急救的好处,故选D项。

2. C 根据空前“In some cases, first aid consists of the initial support provided for someone in the middle of a medical emergency.”可知,急救包括在医疗紧急情况中向某人提供初步的支持。C选项提到这种支持可能带来的益处,故选C项。

3. E 根据空前“If your safety is at risk, remove yourself from

the area and call for help.”可知,如果现场不安全,离开该区域并打电话求助。E选项提到如果现场安全,就评估病人或伤者的情况。E选项与上句衔接,假设了另一种可能的情况。下句中的them指代E选项中的the sick or injured。故选E项。

4. A 根据空前“... tell a nearby person to call 911 or the local number for emergency medical services.”可知,可以打电话求助,故选A项。

5. F 本段主旨为照顾伤员或病人。F选项提到了照顾他们的一些做法,其中them指代上句中的the sick or injured。故选F项。

【语篇分析】

1. Benefits 2. getting worse 3. save a life 4. an emergency situation 5. medical help

【词海拾珠】

1. fortune; fortunate; unfortunate 4. violence

【举一反三】

【写出下列单词的词义】

误导,引入歧途;误用,滥用;误解,误会;恶行,违法行为,罪行

【猜测词义】

(1)拼错 (2)执政不善 (3)不信任 (4)行为不端;不当行为

【句型透视】

【分析】条件状语;that;祈使

【仿写】If you want to know about other traditional Chinese festivals, just write to me

Saturday

【文章大意】本文是一篇记叙文。文章讲述了一场暴风雪导致300多名学生被困在学校,在周围的居民的帮助下,困难终于得以克服。

1. C 根据上文“When gentle snow began falling, the principal watched the approaching storm.”可知,暴风雪临近,很快呈现出更可怕的特点。故选C。

2. B 根据下文“Then the buses arrived but the storm... became heavier...”可推知,此处应指校长打电话叫校车回学校。故选B。

3. D 根据上文“cheering”可知,学生们对能早点回家感到很高兴。故选D。

4. A 根据下文“... became heavier, and over 300 children got... inside the school.”可知,暴风雪突然变得更大了,孩子们被困在学校内。故选A。

5. B 根据上文“became heavier”和下文“What would we feed children for dinner?”可知,此处指学生被困在了学校里。故选B。

6. A 根据下文“What would we feed children for dinner?”可知,此处指老师们开始感到担忧。故选A。

7. C 此处指打电话给每位学生家长,告诉他们孩子们都是安全的,以此让他们放心,故选C。

8. B 根据下文“Soon, several people had... to bring bags of food, and blankets.”可知,此处指这些人不顾天气恶劣往学校送东西。brave the elements为固定搭配,意为“不顾天气恶劣”。故选B。

9. D 根据下文“There wasn't much food, but everything was... and nobody went hungry.”可知,此处指几个人成功带来了食物和毯子。故选D。

10. A 根据下文“... nobody went hungry.”可知,食物不多,但

一切都是被分享的,没有人挨饿。故选 A。

11. B 根据下文“... most of them fell asleep soon.”可知,此处指他们筋疲力尽,很快就睡着了。故选 B。

12. C 根据下文“... giggling and telling stories...”可知,一些较大的孩子们玩得非常高兴,就像是在学校举行派对一样。故选 C。

13. B 根据上文“The next morning we awoke to find the storm had stopped. With the roads plowed (铲雪), our students were soon on their way home...”可知,此处指所有人都松了一口气。故选 B。

14. D 此处指这本可能是一场灾难,反而导致了关系的加强。故选 D。

15. A 根据上文“... people who lived close enough to brave the... were called and asked if they could help.”可知,此处指社区和学校之间的关系。故选 A。

【词海拾珠】

1. belong 3. tense

【举一反三】

【猜测词义】

(1)方法 (2)接洽 (3)着手处理 (4)靠近

【句型透视】

【分析】时间状语; 宾语; 定语; 宾语

【仿写】if you are interested in attending a concert next weekend

Sunday

渐进写作微技能: 句子间的逻辑关系

【跟踪演练】

1. To begin with, please accept my sincere apology
2. What's more
3. In a word, my life will be much richer and more colourful
4. Afterwards
5. In my opinion
6. Therefore
7. As long as every one of us combines our efforts
8. Personally
9. In addition
10. On the one hand

主题语境写作: 急救

【词句复现】

【常见词块】

1. first aid 2. worry about 3. take care of 4. race against time 5. protect...from... 6. get injured 7. get burned
8. call an ambulance 9. suffer from heart disease/trouble
10. apply...to...

【常见表达】

1. which is beneficial to us
2. To raise our awareness of safety and let us keep away from danger
3. helping us students know what accidental injuries will frequently happen
4. how to offer first aid to those who get injured

5. on how to give first aid in case of an accident

【主题写作仿写】

1. a/one student of your class
2. As you know
3. is of great importance to us students
4. what will happen in case of a major emergency
5. if you could give us a lecture on it

读后续写微技能: 构建动作链

【跟踪演练】

I. 1. crossed; climbed; overlooked

2. Facing; feel threatened

3. Having learned; patted me on the back gently

4. when I stepped over to her; fading away

5. with excitement

II. 场景一: 1. Hearing 2. ran/dashed/rushed to

3. took off 4. jumped into 5. without hesitation 6. as he was sinking 7. dragged

场景二: 1. Her heart beating wildly 2. saying how great a family member and a friend she was 3. tears welling up in her eyes 4. said cheerfully 5. adding a new chapter

III. 【思路点拨】文章以人物为线索,讲述了作者在父亲的带领下去了保罗叔叔的农场,在那里体验了宁静且新鲜的西部农场生活。这一天,作者在父亲的陪伴下去骑马,临行前保罗叔叔嘱咐他们不要偏离路线,否则会迷路。

【详解】

1. 段落续写:

①根据第一段首句内容“突然,一只小兔子跳到我的马的前面。”可知,下文可以接着描述马受到惊吓,一路狂奔,作者的父亲为了作者的安全紧随其后,但他们走得太远了。

②根据第二段首句内容“我们不知道身在何处,天也黑了。”可知,下文可以接着描述他们迷路了,于是想办法进行求助,最后还是保罗叔叔找到了他们。

2. 续写线索:小兔子出现—作者的马受惊—马一路狂奔—作者的父亲紧随其后—天黑了且不知身在何处—两人迷路无法返回—父亲向警察寻求帮助未果—保罗叔叔找到作者和作者的父亲

One possible version:

Suddenly a little rabbit jumped out in front of my horse. Seeing this, I was surprised. Meanwhile, my horse got frightened, jumped up and ran around wildly. I held the rope tightly in case I might fall off. My dad was chasing after me, keeping me in sight. Some time later, my horse stopped, panting, and I woke up from panic. Looking around, I saw my father right behind me.

We had no idea where we were and it got dark. We couldn't get back along the original track. We immediately thought of the police. My father telephoned the police station, but it couldn't get through. It was so far away that there was no signal. Just then, Uncle Paul came riding with a group of people. He laughed with joy when he saw us safe. He said he had installed a GPS satellite positioning receiver under my horse's belly. Through it, he knew that we had got lost and where we were.